



**Imagine the adrenaline rush as you
leave the plane at 10,000 feet, heading
towards the earth at 120 miles per hour
for 5,000 feet of freefall...**

What happens with the tandem skydive?

A tandem skydive is a combined freefall and parachute descent where you are strapped to a professional British Parachute Association (BPA) instructor.

On the day of your jump, you will get a ground briefing on the equipment that will be used and how it works, plus information on exiting the plane, freefall and how to land safely.

Once you have been securely attached to your tandem instructor you will board the plane. The plane will climb to around 10,000 feet where you will exit and begin your freefall. After reaching speeds of 120 miles per hour your freefall will end at around 5,000 feet when the main parachute is deployed and you begin your descent.

Am I able to take part?

The minimum age to jump for Guide Dogs is sixteen, and you must weigh less than fifteen stone. There is no upper age limit; however if you are over the age of forty, you will need your doctor to sign your 'Declaration of Fitness' form.

There are also restrictions with some medical conditions. Full details are given on the 'Declaration of Fitness' form which will be sent to you once you've signed on, but if you suffer from diabetes, epilepsy, heart disease or severe asthma then you will need to get your 'Declaration of Fitness' form signed by your doctor. If you're under eighteen years old, your parent or guardian will need to sign your forms.

How do I register?

The Guide Dogs charity parachute scheme is operated by the London Parachute School (LPS) and they will arrange your jump wherever you live in the UK.

We ask all of our supporters to raise a minimum of £390.

- £230 will pay for your jump, payable as a deposit of £50 on booking and then a further £180 on the day of your jump.
- £160 will go directly to the Guide Dog charity.
- Any funds you raise over the £390 minimum will also go directly to the Guide Dog charity.

When booking your jump you will be required to pay your £50 deposit at the time of booking and send this with your registration form. You can take this money out of your sponsorship once you have started fundraising.

One week before your jump you must send your £160 sponsorship to London Parachute School, in either the form of a cheque, money order or via BmyCharity for the minimum sponsorship monies made payable to Guide Dogs.

On the day of your jump you will need to pay the remaining £180 jump fee to the school. (You cannot use justgiving.com).

What happens next?

Our tandem skydives are operated by the London Parachute School, who will contact you to co-ordinate your jump wherever you are in the UK. On the registration form you can select three dates. The parachute school will try to book your first choice, but if not, one of your other choices.

Where will I be jumping?

London Parachute School use a number of British Parachute Association (BPA) approved drop zones around the UK and will endeavour to book you into whichever is nearest to you. You can choose from the following locations –

Auchterader (Scotland), St Andrews (Scotland), Grange over Sands (Cumbria), Lancaster (Lancashire), Bridlington (E Yorkshire), Nottingham (Notts), Sibson (Cambs), Cambridge (Cambs), Peterlee (Durham), Norwich (Norfolk), Swansea (Wales), Perranporth (Cornwall), Netheravon (Wiltshire), Cirencester (Gloucs), Brackley (Northants), Weston (Oxon), Marlow (Bucks), Honiton (Devon), Hibalstaw (Lincs).

The Big Day...

You will be covered by the BPA's public liability insurance for up to £2 million cover to third parties. However, this does not cover you or your dependents for personal injury or accident so we recommend that you arrange personal accident insurance by contacting the London Parachute School at – 0845 130 7194.

Most drop zone sites will be able to film your skydive for a cost of around £80 to £100 so you can relive your big moment all over again! You can order your DVD, video or still photos on the day or contact your drop zone site in advance to arrange.

How do I sign up?

All you need to do is fill out the registration form enclosed and send it with your deposit of £50 to – Jump for Guide Dogs, c/o LPS, The Byre, Woods Farm, Easthampstead Way, Wokingham, Berkshire, RG40 3AE.

You will then receive an information pack, declaration of fitness and sponsor form via email. If you have any queries about fundraising for your parachute jump, please call **Guide Dogs Events Team** on **0845 600 6787**.

If you have any concerns on your skydive, you can call the professionals on 0845 130 7194. The London Parachute School is open from 10am – 8pm and will be able to provide you with honest and accurate advice.



Registration Form

Title _____ First name _____ Surname _____

Name by which you would like to be known _____

Address _____

_____ Postcode _____

Daytime phone number _____

I would like to receive information and hear about other ways to support Guide Dogs by email. My email address is: _____
(Being able to contact you by email will save Guide Dogs time and money)

You can unsubscribe at any time by emailing unsubscribe@guidedogs.org.uk
My telephone number is: _____

If you do not wish to continue to receive this information, please contact us by calling 0870 240 6993 or writing to us at Guide Dogs, Hillfields, Burghfield Common, Reading RG7 3YG

Date of birth _____ Height _____ Weight _____

Do you have a medical condition about which the London Parachute School should be informed? Yes No

If yes, please give details: _____

Are you blind or partially-sighted? Yes No

If yes, in which format would you like future information (braille, audio, large print)?

Employer or team if relevant: _____

First choice of jump date: _____

Second choice of jump date: _____

Third choice of jump date: _____

Agreement with London Parachute School (LPS)

I acknowledge that LPS has been engaged by Guide Dogs as an expert in the field of parachute descents and this agreement is between me and the LPS. In consideration of LPS accepting me as a member and student parachutist, I hereby acknowledge and agree that I will be bound by the Parachute Jump School's ("the School") rules and regulations and that I am 18 years of age or over. I further acknowledge that I enter into this agreement with the School on the basis that the School contracts with me on its own behalf and as agent for its entire staff and for all instructors who may be put at the disposal of the School for the purpose of assisting it to carry on its activities. I further agree not to make any claim against the School in respect of injury to person or loss of property and indemnify the School against claims brought against them arising out of neglect or default whilst involved with the School's activities.

Signed _____ **Date** _____

If you are aged 16-18 a parent/guardian will need to countersign below:

Print name _____

Signed _____ **Date** _____

Payment – your non refundable registration fee

I enclose a cheque for £50.00 made payable to 'London Parachute School'

Or

By signing below, I authorise LPS to debit my credit/debit card below with £50.00

Cardholder name _____

Cardholder signature _____



Card number

Valid from date / Expiry date /

Issue number (Maestro only) _____

Card security code (3 digits)

Please complete this form and return to:

Jump for Guide Dogs
c/o LPS, The Byre, Woods Farm, Easthampstead Road, Wokingham, Berkshire
RG40 3AE.